A pressing need to curb lifestyle diseases

There is an equally pressing need to involve social scientists in hammered out solutions to this vicious feedback loop that makes people susceptible to CVD.

As Professor Tan observes, both the medical profession and the public need to understand that CVD is not a disease of the elderly and that it is not just a matter of lifestyle, but also about public policy and economics.

He stresses the need for interdisciplinary research to better understand the complex interplay of factors that contribute to CVD, including genetics, social environment, and individual behavior.

The NUS Health forum was well attended, with a mix of students, faculty, and community members present.

The discussion was facilitated by Professor Tan, who provided insights into the latest research on CVD prevention and treatment.

The forum concluded with a panel discussion featuring experts from various fields, including public health, economics, and social sciences.

The forum was supported by the NUS Office of the President and the NUS Office of the Vice-Chancellor.

Source: The Straits Times